

Healthy Pastors

A healthy pastor/disciple...

- Is growing in love for God and their congregation
- Is rooted in the Scriptures and reliant on the Holy Spirit
- Is regularly engaged in spiritual practices individually and corporately (i.e., reading Scripture, prayer, sabbath, confession, etc.)
- Is sensitive to the Spirit's leading
- Is experiencing health in their most important relationships
- Is cultivating authentic, life-giving, friendships that includes accountability
- Is experiencing healthy relationships with other staff, volunteers, congregants, etc.
- Embraces boundaries and recognizes their own limitations
- Is growing in relational, emotional, and contextual intelligence, and self-awareness and other awareness is high
- Is committed to life-long learning
- Is committed to mentoring leaders and are in a mentoring relationship themselves
- Frees/empowers others to work in their areas of giftedness
- Is committed to mission – theologically and personally

Healthy Churches

A healthy church...

- Is engaged in local and global outreach
- Is committed to making disciples who make disciples
- Is a safe place – trustworthy leaders and volunteers, safety for children, accessibility for individuals with disabilities, risk management, etc.
- Is willing to follow where Jesus is leading
- Is committed to biblical teaching and preaching
- Is committed to ongoing learning and development
- Demonstrates a growing experience of the deeper life (the presence and power of Christ, authentic worship, gifts of the Spirit are operative, congregants are engaged in serving/using their gifts, etc.)
- Is developing healthy partnerships
- Is financially generous
- Reflects the constituency of the neighbourhood they're located in
- Has a good reputation in their community and town/city
- Is involved in community activities
- Provides care for their congregants (i.e., the elderly, the infirm, divorced individuals, etc.)
- Has a highly functioning board, a strong board-lead pastor relationship, and healthy relationship between the lead pastor and the staff team (good HR policies are critical)
- The leadership have a proper/healthy understanding of power
- Is a praying church (intercession, listening prayer, healing prayer)
- Has effective conflict management and communication strategies
- Embraces humility and understands constituted authority